



Athletics in EGUSD

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Excellence by Design

The Elk Grove Unified School District (EGUSD) has long been known for its excellent athletic programs. We are proud of this reputation and recognize that athletics support our students' physical, social and academic development.

Philosophy

EGUSD recognizes the importance of athletics as an integral component of a student's complete educational development. As such, we believe that all students should have an opportunity to participate in some form of interscholastic athletics and that such participation should encourage positive scholastic and social growth, as well as achievement.

Sportsmanship

Trustworthiness, citizenship, caring, fairness and respect are lifetime values taught through athletics. These are the principles of good sportsmanship and character. With them, the spirit of competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results. Athletics support our students' physical, social, and academic development.

Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences are available to all students. There is a value system—established in the home and nurtured in the school – that young people are developing. Their involvement in classroom and other activities contributes to that development. These are the principles of good sportsmanship and character.

Eligibility

The California Interscholastic Federation requires that students who participate on a school team must be living with parents or legal guardians who reside within the school's attendance boundaries. All exceptions to this rule require that special permission forms and letters of approval be on file before a student can be declared eligible. Any transfer student (except entering 9th graders) must obtain and fill out the necessary C.I.F. forms and receive C.I.F. clearance before he/she may participate in any contests. Intradistrict Transfers do not guarantee athletic eligibility. Questions about residential eligibility should be directed to the district's Athletic Director at (916) 686-7797, ext. 7123.

2010-2011 Athletic Accolades

- Elk Grove Unified is proud of its award winning athletic coaches throughout the district. They maintain solid sports programs at each of our high schools through their dedication and commitment to student athletic success.
- 2010-2011 Sacramento Bee Players of Year: Danielle Henderson (softball) of Sheldon High School and J.D. Davis (baseball) of Elk Grove High School.
- Pleasant Grove High School won the Sac-Joaquin Section Division I Football Championship.
- Sheldon High School's boys basketball team won back-to-back Division I titles in 2009-10 and 2010-11 and advanced to the Northern California Regional Semifinals this season.
- Sheldon High School won its third Sac-Joaquin Section Division I Softball Title in five years. The last six softball champions have all come from EGUSD high schools.
- The Cosumnes Oaks High School girls track team won its first ever Division IV title, with four track students setting a school record in the 4x400.
- Pleasant Grove High School baseball player Kyle Castro became the highest draft pick straight out of high school in Elk Grove history when he was selected by the Texas Rangers. In the third round, J.D. Davis was drafted by the Tampa Bay Rays.
- Elk Grove High School junior Nick Martinez placed third in the 300-meter hurdles at the California State Track and Field Championships this spring.
- Franklin High School has had two baseball players drafted by the Colorado Rockies in the past two years.